

Plan B: Advisement Sheet

CSU General Education-Breadth Courses • Fall 2022–Summer 2023



AREA A—English Language Communication & Critical Thinking

Three courses and a minimum of 9 semester units are required. Select **one** course from each group below.

A1.* Oral Communication:	C	IP	N
COMM 101, 106, 207			
A2.* Written Communication:	C	IP	N
ENGL 100/100H			
A3.* Critical Thinking:	C	IP	N
COMM 212; ENGL 201/201H, 202/202H; PHIL 100, 110/110H; PSYC 105; READ 100			

AREA B—Scientific Inquiry & Quantitative Reasoning

Three courses and a minimum of 9 semester units are required. Select **one** course from each group below. One course **must** include a corresponding laboratory from group B1 or B2. (Lab courses are highlighted.)

B1. Physical Science:	C	IP	N
ASTR 101, 101L, 120, 201; CHEM 103, 103L, 112, 115/115H, 116, 140, 150/150H, 151/151H; EART 106/106H; GEOG 101, 101L; GEOL 101/101H, 101L; NUTR 120; OCEA 101/101H, 101L; PHSN 106, 108/108H; PHYS 111/111H, 112/112H, 151/151H, 152/152H, 253/253H			
B2. Life Science:	C	IP	N
ANTH 101/101H, 101L/101LH, 105/105H, 190/190H; BIO 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 111L, 202, 204/204H, 220, 230 (F14); BTEC 108/108H; HORT 115 (F16), 116; NUTR 100 (F16)/100H; PSYC 260			
B3. Laboratory Activity:	C	IP	N
This requirement may be met by the completion of any lab course above in B1 or B2. (Lab courses are highlighted.)			
B4.* Mathematics/Quantitative Reasoning:	C	IP	N
A minimum of 3 semester units is required. BTEC 180/180H; BUS 147 (F18), 204/204H; CSIT 123; MATH 102, 103/103S (F22), 105, 106, 112, 115, 126/126S, 131/131H, 150/150H, 155/155H, 260/260H; PSYC 104/104H; SOC 104/104H, 125			

AREA C—Arts & Humanities

Select **one** course from C1 and **one** course from C2. Select a **third** course from either C1 or C2. A minimum of 9 semester units is required.

C1. Arts:	C	IP	N
ART 100, 101, 103, 104, 157, 158, 159/159H, 201, 234, 244 (F14), 254, 258, 259, 260/260H, 290			
COMM 111			
DESN 107, 108			
DNCE 100/100H, 101/101H, 105/105H			
DRAM 105, 130, 134, 222			
FILM 101 (F10)/101H, 106, 111/111H (F19), 112/112H (F19)			
MAT 105			
MUS 112, 113, 114, 115, 116, 119/119H			
C2. Humanities:	C	IP	N
ART 159/159H			
CCS 232			
COMM 215			
DESN 108			
DNCE 104			
FILM 111/111H, 112/112H, 211/211H, 212/212H			
FREN 101, 102, 121, 201, 202; GRMN 101, 102, 121, 201			
HIST 100 (F11)/100H (F11), 101 (F11)/101H (F11), 103/103H, 104/104H, 115/115H			
HUMN 101/101H, 201, 202, 205			
ITAL 101, 102, 103, 121, 201, 202; JAPN 101, 102, 121, 201, 202, 210 (F16)			
LIT 100, 101, 120, 122, 250/250H, 251/251H, 260/260H, 261/261H, 265/265H, 270/270H, 271			
MAT 105			
PHIL 101/101H, 102, 221; RELG 101/101H, 103, 105			
SOC 232			
SPAN 101, 102, 201, 202, 205, 221, 222			

AREA D—Social Sciences†

Select **two** courses. If both courses selected are from the same discipline, the CSU Area D upper-division course requirement, completed after transfer, must come from a different discipline. A minimum of 6 units is required.

	C	IP	N
ADM 100/100H, 200			
ANTH 102/102H, 103, 104, 105/105H, 107, 190/190H (F19)			
BLST 240			
CCS 230, 232			
CHLD 112 (F22), 113, 210, 235			
COMM 120, 135, 220			
CSIT 160			
ECON 100, 101, 102			
ETHN 207			
GEOG 102, 104, 108			
GERO 101, 250			
HIST 100/100H, 101/101H, 102/102H, 105/105H, 106/106H, 107, 110/110H, 111/111H, 113/113H, 115/115H, 116/116H, 117/117H, 141/141H, 142/142H, 145/145H, 146/146H, 165			
NUTR 108			
PLSC 101/101H, 102, 103, 150			
PSYC 100, 101/101H, 103, 114 (F19), 115, 121/121H, 125, 145, 170, 211			
SOC 101/101H, 102, 103, 105, 120, 130, 140, 145, 207, 230, 232, 240, 250			

History, Constitution and American Ideals Requirement

All CSU campuses have a *graduation requirement* in History, Constitution and American Ideals. Students may be certified as completing this requirement by completing **one** course from Group I and **one** course from Group II; or by completing the course in Group III.

	C	IP	N
Group I: (select one) HIST 110/110H, 116/116H, 141/141H, 145/145H			
and			
Group II: (select one) HIST 111/111H, 117/117H (F16), 142/142H, 146, 165			
or			
Group III: PLSC 102			

These courses may be used to satisfy the Area D requirement.

AREA E—Lifelong Learning & Self-Development

Select **one** course. A minimum of 3 units is required.

	C	IP	N
BUS 136 (F13); BTEC 107			
CHLD 113 (F11), 205 (F11), 235			
COUN 100			
CSIT 160 (F22), 165			
GERO 101 (F11); HEAL 101, 222 (F19)			
INTR 100			
LIBR 201/201H (F19)			
NUTR 100/100H, 105, 125			
PSYC 100 (F11), 115, 121 (F11)/121H, 145, 170; SOC 145			

AREA F—Ethnic Studies†

Select **one** course. A minimum of 3 units is required.

	C	IP	N
CCS/SOC 232			
ETHN/SOC 207			

IMPORTANT INFORMATION & FOOTNOTES

This general education certification pattern can be subject to change year by year, but students are assured that courses taken to meet this pattern will be honored if they are approved for the academic year that the course is completed. **Courses on this list are approved effective Fall 2022 and are valid through Summer 2023.**

Certification of this general education pattern is not a CSU admission requirement, except when students are completing an Associate Degree for Transfer to a California State University. Students are strongly advised to work with a MiraCosta College counselor to develop an educational plan that includes general education and major preparation course work.

Credit will not be awarded for both the honors and non-honors version of a course.

Courses listed in two different areas may be used in either area but not both.

() Course approved beginning semester and year indicated. Course taught on campus prior to CSU GE approval.

Consistent with CSU admission policies, MiraCosta College will certify courses in Area A or B4 that have been completed with a minimum grade of "C-" or better.

†Effective for students beginning at MiraCosta or a CSU campus in Fall 2021 and beyond. Students with continuous enrollment (attendance in at least one semester per calendar year at a CSU or CCC or a combination of the two) prior to Fall 2021 may choose to complete the Plan B pattern without Area F and with the 9 unit Area D requirement.